

**Friends of Stansted Hall**  
**Arthur Findlay College**

**Safeguarding Adults Policy**

*Policy Owner: Trustees*

*Date Policy approved: 15 April 2024*

*Next review Date: 01 April 2025*

*Designated Safeguarding Lead: Nicola Hampton*

## Mission statement and introduction

The objects of Friends of Stansted Hall (FOSH) are to promote education in psychic science and in particular to assist in the establishment and maintenance of a college for the advancement of psychic science, namely Stansted Hall, in Memory of J Arthur Findlay. FOSH invite people to come together regularly to learn about spirit and our connection to the spirit world, each other and ourselves. We are joined by different local and international tutors, some from the Arthur Findlay College where various psychic and mediumistic exercises are taught and practised. We learn to explore ways of enlightenment and guidance of our soul purpose. FOSH is a warm and welcoming group. It is a shared place for exploration and to develop our understanding of spiritual phenomena.

## Policy statement

At FOSH we believe that everyone has the right to be kept safe from harm, exploitation and abuse. We recognise that:

- Everyone, regardless of age, gender identity, disability, racial heritage, religious belief, sexual orientation or identity, has a right to equal protection from all types of harm, exploitation, and abuse.
- Some of the people who come to our events may be in vulnerable circumstances and less able to protect themselves. This may be due to the impact of previous experiences, for example, trauma or adverse childhood experiences, their level of dependency on others, physical or mental ill health, communication needs.
- We have a responsibility to ensure that our people and activities do no harm and that they do not expose people to the risk of harm, exploitation and abuse.

## Scope

This policy applies to all FOSH representatives. This includes people who are paid employees, contractors, people who are active volunteers, including the Board of Trustees, visiting tutors and guests, and any others who are working for or representing FOSH in any capacity and in any setting.

Any breach of this policy, or guidance associated with it, may result in an individual being subject to disciplinary action. Serious breaches may lead to dismissal (for employees) or termination of any agreement (for other workers, volunteers and organisations we may be working with).

## Purpose

At FOSH we want to ensure that our activities are implemented in a safe and positive environment where harm, exploitation, and abuse are prevented as far as reasonably possible, and any safeguarding concerns are responded to effectively.

This policy explains our commitment to, and the standards and procedures we have in place for safeguarding the adults that we come into contact with, as well as our tutors and volunteers.

### ***What do we mean by safeguarding?***

Safeguarding is about promoting and protecting peoples' health, safety and well-being and enabling them to live free from harm, exploitation and abuse. Our safeguarding approach focuses on two areas:

1. **Prevention.** This is how we identify and minimise the risk of harm to those involved in our programmes and activities.
2. **Protection.** This is how we respond appropriately to any safeguarding concerns identified or reported to us.

Further information here: [Safeguarding Adults Key Legislation and Government Initiatives](#)

### ***Communicating this policy***

All FOSH representatives are made aware of this policy during their recruitment and induction. All other partners and relevant persons or bodies with whom we work will be made aware of this policy as part of their contract, memorandum of understanding or service level agreement.

The policy is available on our website for anyone to access.

### ***Monitoring and reviewing this policy***

The Designated Safeguarding Lead and the trustees will monitor and review this policy and any associated guidance on an annual basis, or at an earlier opportunity should the need arise. An annual safeguarding report, including all concerns received, will be submitted by the Safeguarding Lead to the board of trustees.

## **Implementation**

**We are committed to providing safe and positive environments for everyone involved in the work we do and believe that all FOSH representatives play an active part in keeping themselves and those they interact with safe.**

We will:

- Value, listen to, and respect those we meet and work with.
- Monitor the implementation of our safeguarding policy and take any measures required to strengthen and improve existing practice.

### ***Responding to safeguarding concerns***

A safeguarding concern is any worry or concern about the health, safety or wellbeing of a person because of something seen or heard, or information which has been received. This includes any concerns about the behaviour of FOSH representatives which is harmful or puts others at risk. For example, someone may tell us that they, or someone they know, has been harmed, exploited, or abused or we might witness a situation where a person is putting the safety of another person at risk.

### ***What will we do when we have, or have been made aware of, a safeguarding concern?***

At FOSH we will:

- Act quickly and respectfully, as befits the situation when a safeguarding concern is identified or reported to us.
- Treat all safeguarding concerns in a confidential and sensitive way.
- Always act in the best interests of people, giving them a choice over decision making which impacts them, unless they lack the capacity to do so or it would put them at serious risk of harm, exploitation, abuse or neglect.

- Where possible, provide people with safe and appropriate advice, and signposting.
- Make sure concerns where an adult at risk has been or is at significant risk of harm, exploitation, abuse and neglect are referred to local authority social care or the police.
- Protect confidential information except where the wider duty of care or the public interest might justify making it known.
- Store and retain, and share information in line with GDPR and Data protection regulations.

### ***How to report a safeguarding concern***

Anyone can report a safeguarding concern. You can:

- Speak with a FOSH representative in person if you are attending one of our events.
- Contact the Designated Safeguarding Lead directly via [fosh.fellowship@gmail.com](mailto:fosh.fellowship@gmail.com)

## **Key Contact Details**

Designated Safeguarding Lead to report concerns to:

- Name: Nicola Hampton
- Email: [fosh.fellowship@gmail.com](mailto:fosh.fellowship@gmail.com)
- Telephone: 07570801589

## **What if the concern is not related to FOSH?**

The Designated Safeguarding Lead can still give advice and guidance, but they cannot act on your behalf. If you are worried about the safety or welfare of a:

- **child**, call the NSPCC Adult Helpline for confidential advice on **0808 800 5000**
- **adult** call the police. **999** for an emergency. **101** for a non-emergency.

## **Sources of Information and Support**

### **Action on Elder Abuse**

A national organisation based in London. It aims to prevent the abuse of older people by raising awareness, encouraging education, promoting research and collecting and disseminating information.

Tel: 020 8765 7000

Email: [enquiries@elderabuse.org.uk](mailto:enquiries@elderabuse.org.uk)

[www.elderabuse.org.uk](http://www.elderabuse.org.uk)

**Ann Craft Trust**

A national organisation providing information and advice about adult safeguarding.

Tel: 0115 951 5400

Email: [Ann-Craft-Trust@nottingham.ac.uk](mailto:Ann-Craft-Trust@nottingham.ac.uk)

[www.anncrafttrust.org](http://www.anncrafttrust.org)

**Men’s Advice Line**

For male domestic abuse survivors

Tel: 0808 801 0327

**National LGBT+ Domestic Abuse Helpline**

Tel: 0800 999 5428

**National 24Hour Freephone Domestic Abuse Helplines**

England	Northern Ireland
Tel: 0808 2000 247 <a href="http://www.nationaldahelpline.org.uk/Contact-us">www.nationaldahelpline.org.uk/Contact-us</a>	Tel: 0808 802 1414 <a href="http://www.dsahelpline.org">www.dsahelpline.org</a> Twitter: <a href="https://www.twitter.com/dsahelpline">www.twitter.com/dsahelpline</a> Facebook: <a href="https://www.facebook.com/dsahelpline">www.facebook.com/dsahelpline</a>
Scotland	Wales
Tel: 0800 027 1234 Email: <a href="mailto:helpline@sdafmh.org.uk">helpline@sdafmh.org.uk</a> Web chat: <a href="http://sdafmh.org.uk">sdafmh.org.uk</a>	Llinell Gymorth Byw HebOfn/ Live free from fear helpline Tel: 0808 8010 800 Type Talk: 18001 0808 801 0800 Text: 078600 77 333

**Rape Crisis Federation of England and Wales**

Rape Crisis was launched in 1996 and exists to provide a range of facilities and resources to enable the continuance and development of Rape Crisis Groups throughout Wales and England.

Email: [info@rapecrisis.co.uk](mailto:info@rapecrisis.co.uk)

[www.rapecrisis.co.uk](http://www.rapecrisis.co.uk)

**Respond**

Respond provides a range of services to victims and perpetrators of sexual abuse who have learning disabilities, and training and support to those working with them.

Tel: 020 7383 0700 or

0808 808 0700 (Helpline)

Email: [services@respond.org.uk](mailto:services@respond.org.uk)

[www.respond.org.uk](http://www.respond.org.uk)

**Stop Hate Crime**

Works to challenge all forms of Hate Crime and discrimination, based on any aspect of an individual's identity. Stop Hate UK provides independent, confidential and accessible reporting and support for victims, witnesses and third parties.

24 hours service:

Telephone: 0800 138 1625

Web Chat: [www.stophateuk.org/talk-to-us/](http://www.stophateuk.org/talk-to-us/)

E mail: [talk@stophateuk.org](mailto:talk@stophateuk.org)

Text: 07717 989 025

Text relay: 18001 0800 138 1625

By post: PO Box 851, Leeds LS1 9QS

**Susy Lamplugh Trust**

The Trust is a leading authority on personal safety. Its role is to minimise the damage caused to individuals and to society by aggression in all its forms – physical, verbal and psychological.

Tel: 020 83921839

Fax: 020 8392 1830

Email: [info@suzylamplugh.org](mailto:info@suzylamplugh.org)

[www.suzylamplugh.org](http://www.suzylamplugh.org)

**Victim Support**

Provides practical advice and help, emotional support and reassurance to those who have suffered the effects of a crime.

Tel: 0808 168 9111

[www.victimsupport.com](http://www.victimsupport.com)

**Women's Aid Federation of England and Wales**

Women's Aid is a national domestic violence charity. It also runs a domestic violence online help service.

[www.womensaid.org.uk/information-support](http://www.womensaid.org.uk/information-support)